



S.C.I.M. GOVT. COLLEGE
AUTONOMOUS
Accredited by NAAC 'A' Grade with CGPA 3.18
Tanuku, West Godavari, Andhra Pradesh. AISHE CODE-C-24205
(Affiliated to Adikavi Nannaya University, Rajamahendravaram) An ISO 9001, 14001, 50001 Instit



Report on Awareness Programme under the Theme – “Beat the Heat” (May 2025)

Date of Programme: 17.05.2025

Venue: College Premises

Number of Participants: 75+ Students, Faculty, and Staff

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SWACHH ANDHRA PROGRAM

Every Month 3rd Saturday

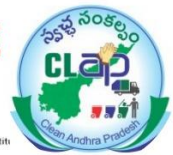
స్వచ్ఛ ఆంధ్ర ప్రతిజ్ఞ

నేను నా పరిసరాలు పరిశుభ్రత కొరకు ప్రతిరోజు కొంత సమయం కేటాయిస్తానని, నా వంతు కృషిగా స్వచ్ఛతా కార్యక్రమాల కొరకు శ్రమదానం చేసి, పరిశుభ్ర ఆంధ్రప్రదేశ్ సాధించే సంకల్పానికి కట్టుబడి ఉంటానని, ఈరోజు పరిశుభ్రత గురించి నేను వేసిన ఈ ముందడుగు ఆంధ్రప్రదేశ్ రాష్ట్రాన్ని శుభ్రపరచడంలో సహాయం చేస్తుందని నమ్ముతూ...

ఈరోజు నుండి నా తోటి వారికి కూడా స్వచ్ఛత కొరకు తడి చెత్త, పొడి చెత్త వేరు చేయటంపై అవగాహన కల్పించడానికి ప్రయత్నిస్తానని, మన ఆంధ్రప్రదేశ్ ను స్వచ్ఛ ఆంధ్ర ప్రదేశ్ గా తీర్చిదిద్దటానికే నా వంతు కృషి చేస్తానని ప్రమాణం చేస్తున్నాను.



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స్వచ్ఛ ఆంధ్ర

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**Every Month 3rd
Saturday
(17th May 2025)**

BEAT THE HEAT

SAFEGUARD YOURSELF FROM THE HEAT

If you or others feel unwell

- Hydrate yourself
- Take cool shower
- Moved to cooler place and take rest

Visit a doctor or call an ambulance

- If symptoms get worse
- Unconscious
- Body temperature increased to 40°C or 104°F
- Heat cramps, headache, Nausea, Vomiting

If symptoms persist, immediately visit the nearest health centre or call an ambulance



Objective: In line with the directive from the Commissionerate of Collegiate Education (Proc. No: 06/CCE.AP/ECA/AC-12/2024-25, dated 08-05-2025), SCIM Government College (A), Tanuku organized an awareness programme focusing on the May 2025 theme – "**Beat the Heat**" under the **Swarna Andhra-Swachha Andhra (SASA)** initiative.

Programme Highlights:

1. Inaugural Session:

- The event was inaugurated by the **College Principal, Sri Ch. Edukondalu**, who addressed the gathering on the **importance of summer safety and heat-related precautions**.
- He emphasized community responsibility in spreading awareness about heat mitigation and encouraged all to adopt healthy summer habits.

2. Hydration Awareness:

- To promote hydration among students and staff, **buttermilk packets were distributed** as a symbolic and practical gesture to highlight the importance of staying cool and hydrated in extreme heat conditions.

3. Online Quiz Competition:

- Over **75 students actively participated** in an **online quiz** designed to raise awareness on:
 - Heat wave preparedness
 - First aid for heat stroke
 - Hydration and nutrition in summer
 - Climate change and heat stress management
 - General summer safety measures
- The quiz helped enhance students' knowledge and sensitivity towards managing health during heatwaves.

4. Faculty and Staff Participation:

- **Lecturers:** Smt. A. Maruthi Devi Chowdary
- **NSS Programme Officer:** Sri Y. Vijayakumar
- **Non-teaching Staff:** Actively involved in organizing and executing the event successfully.

Key Activities Conducted:

- Dissemination of posters and awareness messages on campus and online platforms.
- Promotion of summer safety tips through banners and social media under the hashtags:
 - #GDCsBEATTHEHEAT
 - #SCIMGCTanuku
 - #NSSIndia
 - #SASAINitiative
 - #SwachAndhraSwarnaAndhra
 - #BeatTheHeatAwareness

Data Submission:

- All relevant **programme details were entered into the SASA App** by the coordinating team before the deadline (5 PM, 17-05-2025).
- Google Sheet submission to CCE was completed as per the format prescribed.

Conclusion:

The programme was a grand success in instilling awareness and preparedness among students and staff on managing the challenges posed by rising summer temperatures. The proactive participation of students and the dedicated efforts of the faculty and NSS wing contributed to the impactful execution of the “Beat the Heat” campaign.

Submitted by:

NSS Unit & SASA Cell

SCIM Government College (A), Tanuku

ANNEX-1

**PROCEEDINGS OF THE DIRECTOR OF COLLEGIATE EDUCATION
MANAGALAGIRI: A.**

PRESENT: Dr NARAYANA BHARATH GUPTA IAS

Proc.No:06/CCE.AP/ECA/AC-12/2024-25

DATE:08-05-2025

Sub: Collegiate Education- Swarna Andhra -Swachha Andhra-Interchange of monthly themes for May and June-Implementation of May 2025 Activities –Instructions Issued-Reg

Ref: 1.Meeting conducted by Swachha Andhra Corporation held on 05-02-2025

2. Proc.No:01/CCE.AP/ECA/AC-12/2024-25 from O/o CCE Dt:28-01-2025

3. Proc.No:02/CCE.AP/ECA/AC-12/2024-25 from O/o CCE Dt:06-02-2025

4. Proc.No:03/CCE.AP/ECA/AC-12/2024-25 from O/o CCE Dt:07-02-2025

5. Proc.No:05/CCE.AP/ECA/AC-12/2024-25 from O/o CCE Dt:08-04-2025

6. Memo.No.2736455/K/2025 from Municipal Administration & Urban Development (K) Department dated:24-04-2025

As per the reference cited above, the Government of Andhra Pradesh has designated the 3rd Saturday of every month as Swachhata Day, marking it as a state wide cleanliness day. Theme-wise Guidelines were issued vide ref(2) including month-wise themes and action points. In continuation of these, the government has now issued revised instructions concerning the monthly themes under Swarna Andhra-Swachha Andhra(SASA) Program. To ensure the effective implementation of the program and in consideration of the prevailing climatic conditions the themes for the May and June have been interchanged. This revision focus on heat mitigation strategies and water conservation measures during the peak summer months.

Therefore the Government Degree Colleges are requested to take note of the following changes and implement activities accordingly:

No.	Month	Existing Theme	Proposed Theme
1	May	"Neeru-Meeru"	"Beat the Heat"
2	June	"Beat the Heat"	"Neeru-Meeru"

The Principals of Government Degree Colleges are instructed to ensure the dissemination of these revised themes among faculty, staff and students and organize relevant activities to support Swarna Andhra-Swachha Andhra program.

Here's a list of activities for "Beat the Heat:(May 2025):

Organize guest lectures by representatives from Health Department or relevant experts and conduct webinars on the theme related topics:
Heat wave preparedness
Climate change and heat stress management
First aid for heat stroke
Hydration and Nutrition in summer
Summer safety methods.
Reduction in heat related health issues
Heat Resilience among students
Organize awareness programs and quizzes about heat safety measures through digital platforms..
Encourage students to create posters/slogans and short videos on summer safety through an online mode.

- Conduct demonstrations of responsible water usage within the college campus(e.g.,minimizing wastage,fixing leaks)
- Develop and maintain green spaces within the college campus
- Promote the consumption of cooling and hydrating foods and drinks
- Launch a #Beat the Heat Challenge(a similar campaign)on social media to spread awareness on safe summer habits.

Therefore all the Principals of Government and Private Aided Colleges are requested to implement SASA activities for May under theme-"Beat the Heat" and submit the activity details in SASA App, developed by Swachha Andhra Corporation by 5PM on 17-05-2025 (the third Saturday of May). Additionally, colleges must submit the activity details via Google sheet which will be provided on 17-05-2025 in the following format to the CCE by 5PM on 19-05-2025.

Activity conducted	Date	Conducting Department/ Collaborating organization	Resource Persons	Brief Description /outcome	Number of participants	Number of staff attended
xyz	17-05-2025	Eco Club	Dr ABC, Health Dept			

Sd/- Dr NARAYANA BHARATH GUPTA I.A.S.
DIRECTOR OF COLLEGIATE EDUCATION

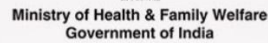
To

The Regional Joint Directors of Collegiate Education
The Principals of Government and Private Aided Colleges

//Attested//

Tulu
8/5/25

Dr TULASI
ACADEMIC GUIDANCE OFFICER



THE ULTIMATE SURVIVAL GUIDE FOR HEAT WAVE

Stay hydrated while traveling

Stay cool indoors
or in shade




 Use ORS and homemade drinks

Wear light coloured clothes and protect yourself with headgear

Eat water-based
fruits and vegetables





**SCIM GC (A) ACADEMICS**
GDC, Gdc Ch.Edukondalu Garu PPL, Gdc Ch.Edukondalu Garu PPL, Gdc Devi Botany, Gdc Dhanal...

Heat the Beat: Awareness on Summer Heat Waves and Precautions.
Participant Students need to Give Details

[docs.google.com](https://docs.google.com/forms/d/e/1FAIpQLSdGJyxAlxq_jV-dzq6FxpBP2gjnShqlEuTYgRbgvQt9kjSEQ/viewform?usp=dialog)

Dear All,

On the occasion of Swach Andhra - Swarna Andhra programme, SCIM Government College (A), Tanuku is organizing an online awareness session on the theme "Beat the Heat – Awareness on Summer Heat Waves and Precautions."

This initiative aims to enhance awareness and encourage preventive practices during extreme summer conditions.

As part of this, we have also designed a structured online quiz to promote knowledge and participation among students.

Kindly take part in the quiz through the following link:

https://docs.google.com/forms/d/e/1FAIpQLSdGJyxAlxq_jV-dzq6FxpBP2gjnShqlEuTYgRbgvQt9kjSEQ/viewform?usp=dialog

Share this quiz link to all the students groups.

Let's stay informed, stay safe, and spread awareness!

SASA – SCIM GC (A), Tanuku

06:30 ✓

← → ↺ 📷 docs.google.com 🔊 📄 16 ⋮						
← Online Quiz on Beat the Heat - SCIM's Swarna Andhra- Swacch Andhra Progr...						
Form responses 1	13 / 15	M.RAGUNADHA REDDY	III B.Sc	Male	9966767331	I
@gmail.c	15 / 15	T CHARAN	I BA	Male	9866897592	I
ao79@gr	4 / 15	NADIPALLI CHALIArao	II BA	Male	7780486345	c
i765@gm	15 / 15	MANJYAM VIJAY KUMAR	II BA	Male	6305969945	I
nail.com	15 / 15	Kommanapeddi Naga Sai	I BA	Female	7075778779	I
:41684@	13 / 15	B. Srinivasu	II BA	Male	9381582342	:
swini7@c	12 / 15	M.Tejaswini	I BA	Female	7995289668	I
alli82@gr	12 / 15	CH CHANDRA SEKHAR	II BA	Male	9640748546	I
:2005@gr	15 / 15	Bayye Santhosh	III B.Com	Male	9391287812	:
sh@ema	12 / 15	Velamuri Venkatesh	I B.Sc	Male	8400066588	h

81 responses

[View in Sheets](#)

Summary

Question

Individual

Insights

Average
12.72/15 points

Median
14/15 points

Range
4-15 points

Total points distribution

